



Christmas

is a season of giving and caring

Giving and Karma

In Tibetan language, the word for karma (“le”) means action. The Law of Karma is clear in the way that it gives us the power to change our minds and lives through doing good. Donating money is one of the easiest ways to practice doing good and many philosophical texts emphasize generosity as a key in developing more advanced mindsets such as compassion and mindfulness.

During these times of global turmoil, there is no better gift we can give to others, than **ensuring in our region the longevity of the proven practice of peace and compassion** invented by the Historical Buddha in India 2,500 years ago.

For 2017, together with his disciples Sangyas Rinpoche has big plans. These plans include publishing a book on meditation that will be translated in to Russian, Estonian and Finnish, moving to a Dharma center with better facilities for practitioners and more regular programs, and starting a major digital age Dharma propagation initiative “NEXT800”.

Christmas present

Plans cost money, and as a yogi, Lama Sangyas Rinpoche depends on us. For example his basic sustenance such as rent, groceries and phone bill are covered with donations. With this in mind, we are raising 10000 € before the end of this year.

This is the Christmas present we together can give to Lama Sangyas Rinpoche.

When you donate to Sangyas Rinpoche and the Tallinn Drikung Center, you are supporting the future of Buddhism and meditation practice in the Baltic region.

10 €

a small amount, but it will still make a difference.

100 €

it will cover the cost of new practice materials.

1000 €

you are covering 2 months of center expenses.

10000 €

we can stop this fundraiser right now.

Transparency

All donations will go towards 2017 annual fund. Full transparency will be provided at the end of the year in terms of how money has been invested, and will be published on the website.

Buddha himself depended completely on donations from his supporters and those that believed in his genuine wish for good towards all beings. Without such support, we would not have meditation or mindfulness practices, and Buddhism would have never even started.

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